



## CARING FOR KIDS – January 2022

Greetings!

The CCRB is dedicated to increasing awareness and access to mental health services for children in St. Charles County by allocating a sales tax fund to service providers. Keep reading to learn what's happening in our county.

To learn more about CCRB-funded services, follow us on [Facebook](#), [LinkedIn](#), or visit our [website](#).



**BOARD OF DIRECTORS MEETING**  
Monday, January 24, 2022  
8:00 a.m.  
Meeting Location:  
Spencer Road Library  
Community Commons, Room 240  
427 Spencer Road  
St. Peters, MO 63376  
All CCRB meetings are open to the public.

### In the January Issue

- CCRB Grants \$19.2 Million
- Warming Centers Open
- COVID-19 Testing Available
- Human Trafficking Awareness
- 988 Lifeline to Open in July
- Vote for Youth In Need
- Do-Over Strategy for Caregivers
- News from the Field

Learn more about our monthly Board meetings [here](#).

## The CCRB Grants \$19.2 million for Youth Mental Health Services in 2022 & 2023

In December, the CCRB granted \$19.2 million for youth mental health and substance use treatment services in St. Charles County for the 2022 and 2023 fiscal years. This is the largest amount of money granted in the CCRB history, which comes at a time when mental health concerns are rising among youth. Beginning in 2022, current agency partners will receive a two-year grant contract for services. New partners will receive a one year contract with the option for renewal in 2023.

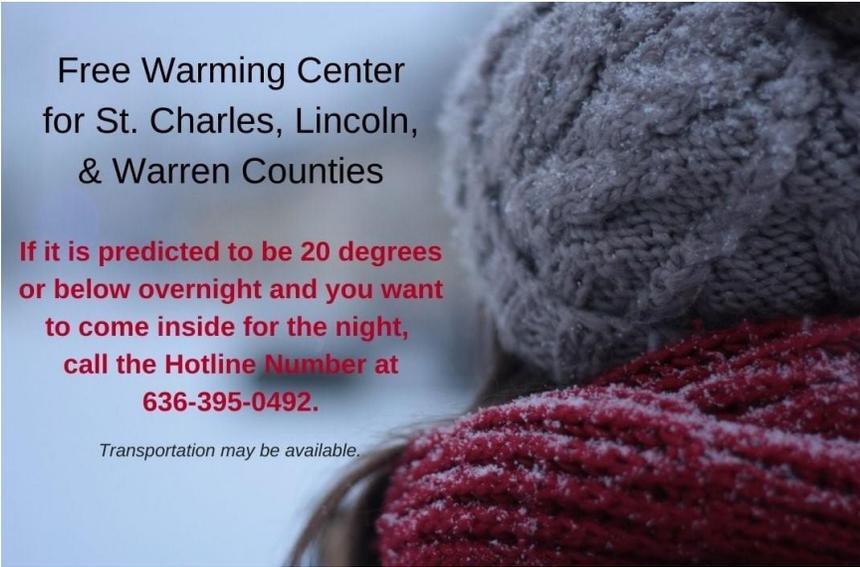
Providers and local educators report an increasing number of students who are experiencing anxiety, depression, and suicidal ideation. Demands for counseling,

prevention services, and psychological assessments has been steadily increasing over the years, leading to longer wait times for youth seeking help. With the increased funding, providers can support more than 70,000 youth annually with direct and prevention-based services.

The CCRB added four new programs and one new service partner, [Resolutions for People/Good Days Journey Mental Health Service](#). New programs include a transitional living program for teens, self-defense, a video project to prevent human trafficking, and additional counseling, psychological assessments, and psychiatry services. In total, the CCRB funds 33 non-profit partners with 54 programs geared to improving mental health stability and awareness in our community.

Services are available to youth aged 18 and under, along with their families, and professionals who serve youth in the community. A local 1/8 cent sales tax is the source for the Children's Services Fund. The CCRB funds ten youth mental health service categories: counseling, crisis intervention, home and community-based services, outpatient psychiatric, outpatient substance use treatment, respite, school-based prevention, teen parents, temporary shelter for runaway youth, and transitional living services. For a complete list of services and a printable brochure, visit [www.stcharlescountykids.org](http://www.stcharlescountykids.org).

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### Free Warming Center for St. Charles, Lincoln, & Warren Counties

**If it is predicted to be 20 degrees  
or below overnight and you want  
to come inside for the night,  
call the Hotline Number at  
636-395-0492.**

*Transportation may be available.*

## COVID-19 TESTING



### Need to get tested for Covid-19?

Drive-through COVID-19 RT PCR testing will be available at the St. Charles Family Arena, located at 2002 Arena Parkway, through Aim Laboratories until Thursday, January 13th from 8am - 4pm. Results are provided within 48 hours.

Tests are by appointment only. You will need insurance and credit card information. To reserve an appointment, visit [the DHSS AIM Testing Schedule](#).

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## Human Trafficking Awareness Month

*by Dr. Shima Rostami, Executive Director, Gateway Human Trafficking*

Human trafficking is the use of force,

fraud, or coercion to control a person for commercial sex or labor services. Traffickers use violence, threats, blackmail, false promises, deception, and debt bondage to trap vulnerable persons for profit.

Traffickers lure people into forced labor and sex by manipulating and exploiting their vulnerabilities. Human traffickers prey on people who are hoping for a better life, lack employment, have an unstable home life, or have a history of sexual or physical abuse.

Runaway and homeless youth are at an added risk. Traffickers promise a high paying job, a loving relationship, or new opportunities. In other cases, they kidnap victims or use physical and psychological violence to control them. Traffickers can work alone or be part of criminal networks - with the common thread of exploiting people for profit.

Understanding human trafficking is the first step in responding to this crime. Watch this [video](#) then share it to help increase awareness. If you need help or know someone who does, call 888-373-7888 – the National Human Trafficking Hotline.

National Human Trafficking Hotline  
1 - 888- 3737 - 888  
SMS: 233733 (Text "HELP" or "INFO")

**Signs of sex trafficking may include observable characteristics such as bruises or anxiousness.**



www.gatewayhumantrafficking.org  
info@gatewayhumantrafficking.org  
Facebook/Twitter: @gatewayHT  
(636) 515 6919

Yellow Butterfly  
gateway  
HUMAN TRAFFICKING

## New 988 Suicide Lifeline to Open in July



*by Kurt Erickson, St. Louis Post-Dispatch, Dec 27, 2021*

Beginning in mid-July, Missouri is set to join other states in unveiling a new phone number designed to make it easier to reach the National Suicide Prevention Lifeline.

The number “988” was chosen specifically because officials believe it will become as easy to remember as “911” when dealing with other kinds of emergencies.

“The goal of 988 is to change the way our community responds to mental health crises,” said Debra Walker, spokeswoman for the Missouri Department of Mental Health. “It will serve as the first line of defense to engage individuals experiencing mental health or suicidal crisis.”

Among Missourians ages 10-34, suicide is the second-leading cause of death.

Walker said based on national projections, an estimated 90% of 988 crisis calls will be resolved over the phone through intervention. The remaining contacts will need additional follow-up and services.

Christine Patterson, executive director of NAMI St. Louis, an organization that helps people with mental illness, said adequate funding will be key to the rollout.

“We just need to make sure there are enough resources to make sure we have enough people to answer the phones,” Patterson said. “If people are reaching out, we need to make sure we can connect them with the services.”

In addition, Patterson said there must be a clear way to connect people in need of assistance with experts.

“You need people to answer the phones, but you also need to have services available. It’s not just the actual phone line,” Patterson said.

## Vote Daily for Youth In Need to Win!



Cheer for the St. Louis Blues, and vote for Youth In Need to win big! Youth In Need is one of four children's charities in the running to win \$500 from Ameren Missouri for every power play goal the Blues score this season. (The donation amount currently is \$14,000 and growing with every power play goal the Blues score!) Voting runs through January 31.

Ameren Missouri's Power Play Goals for Kids program empowers local charities that are helping kids achieve their own goals every day. Throughout January, visit

[AmerenMissouri.com/Blues](http://AmerenMissouri.com/Blues) to vote for Youth In Need. You can vote once per day, so vote daily and ask your family and friends to do the same! The charity that receives the most votes at the end of January will win the final donation amount at the end of the Blues' 2021-2022 season.

## The "Do-Over" is a Powerful Parenting Strategy.

Normalize not getting it right the first time.

We are learning alongside our kids.

What a beautiful opportunity to show them healthy conflict resolution skills.

@ourmamavillage



## News from the Field



Saints Joachim & Ann Care Service has made great strides in reducing homelessness

in our area, with a 54% decrease over the last five years. There is, however, still much work to be done. The greatest

The Boys & Girls Clubs of St. Charles County is proud to recognize the dedication and heart for our mission that is present in the role of Chief Executive Office, Mrs. Karen Englert. Over the past two years, Karen has



barrier to overcome is a severe lack of affordable and transitional housing in our area.

We are one step closer to breaking down that barrier. The Care Service received a contribution from **Tony and Lisa Vogel** of \$500,000 to be used for transitional housing. Additionally, an undisclosed friend of the Care Service pledged an additional \$300,000 to be used for more affordable housing in the Tri-county area. These contributions will help us reach our goal of raising \$1.5 million to expand the transitional and affordable housing programs at the Care Service.

Marian McCord, Executive Director and co-founder of CHADS Coalition for Mental Health, was selected as a **2021 L'Oréal Paris Women of Worth**, an award which



recognizes women that are making an extraordinary difference in the world!

For 16 years, the beauty brand L'Oréal Paris USA has recognized philanthropic achievements of 10 nonprofit leaders nationwide who bring to life the brand's signature tagline, "Because You're Worth It," by making meaningful change addressing some of society's most pressing issues.

Each awardee was gifted a \$20,000 grant for its organization and featured in an NBC primetime special in December, which you can watch here.

worked to develop the Boys & Girls Clubs of St. Charles County's staff, focus donors around the central mission of the organization, and open new doors for community partners to invest in our kids. **Beyond Exclamation Magazine** has called Karen's awesome work ethic and shared vision to the forefront of influential women by naming her to the **Top 10 Most Inspiring Businesswomen of Influence** in 2021.

Karen's educational background and interests focus on special education, marginalized groups, and the need for early-childhood literacy. She comes to the Clubs with a history in education and non-profit leadership. "Service in and for your community" was a mindset established at a young age for Karen. Her mother instilled a love for volunteering to raise those in need, regardless of whether that need was physical, mental, or emotional. Now she aims to instill a similar passion and joy for service in her staff.

**Nurses for Newborns** is seeking a Community Health Worker who will provide services under our Healthy Families America affiliation in St. Charles County. Primary duties include:

- Visits clients in their homes or virtually as appropriate in accordance with NFN guidelines.
- Closely collaborates with the Staff Nurse for provision of services and referrals.
- Service area is St. Charles County.
- A knowledge of community resources in these service areas is preferable.
- This is a full-time benefit eligible position.

Interested candidates should submit their cover letter, resume and salary requirements directly to: [hr@nursesfornewborns.org](mailto:hr@nursesfornewborns.org).



## Coalition CareLine

Help for Foster, Adoptive, & Guardianship Families

Contact us at [800.FOSTER.3](tel:800.FOSTER.3) or [www.foster-adopt.org/careline](http://www.foster-adopt.org/careline)



## We're Hiring!

Looking for a Community Health Worker who loves Babies

Compass Health Network has community-based behavioral health programs designed specifically for children and their families.



VISIT OUR WEBSITE TO EXPLORE OUR PROGRAMS:  
[WWW.COMPASSHEALTHNETWORK.ORG](http://WWW.COMPASSHEALTHNETWORK.ORG)

CALL US TODAY TO BEGIN YOUR RECOVERY JOURNEY  
**888-237-4567**



**For 24/7 linkage to children's mental health resources, call the BHR Youth Connection Helpline at 314-819-8802 or text BHEARD to 31658**

Services

Funding

Meetings

Publications



The CCRB receives money from a dedicated fund for children's mental health services in St. Charles County. Through a local sales tax, over 70,000 children and youth receive prevention education and mental health supports annually. The CCRB is proud to administer these funds, ensuring our youth and their families have the resources they need to realize a brighter tomorrow. All funds provide services for St. Charles County residents.

## Community and Children's Resource Board of St. Charles County

2440 Executive Dr, Ste 214  
St. Charles, MO 63303  
(636) 939-6200

Contact Us

