## Children's Behavioral Health Services for St. Charles County

Individual, group, and family counseling
Emotional regulation & well-being
Crisis intervention
Psychological evaluations
Parent resources & support
Substance use treatment
Prevention education
and more











Get connected to resources 24/7 at the BHR Youth Connection Helpline 314-819-8802 or 844-985-8282 Text BHEARD to 31658

