Community & Children's
Resource Board of
St. Charles County

Annual Report

2025

CCRB
the community and children's resource board of st. charles county

stcharlescountykids.org

About CCRB

Using a voter-approved 1/8 cent sales tax approved by St. Charles County voters in 2004, the Community and Children's Resource Board (CCRB) funds local nonprofits to provide essential mental health and substance use treatment services for children 19 years of age or younger in St. Charles County. CCRB is an independent political subdivision of St. Charles County.

CCRB-funded programs aim to:

- Improve child emotional and mental wellbeing
- Strengthen and stabilize children and families
- Respond to the shifting mental health needs of youth.

CCRB funds 10 service areas to promote and improve children's mental health and social-emotional well-being. In 2025, services were delivered through 68 programs across 39 nonprofit agencies dedicated to serving children, families, and adults.

As a result of these combined efforts, key indicators of youth and family health in St. Charles County demonstrate positive trends. The CCRB is committed to continuing our investment in effective mental and behavioral health services. Together, we are creating a community where every child and family can thrive.

Vision Statement

Preparing all youth and families to realize a brighter tomorrow.

Mission Statement

Maximizing community resources to build and sustain a comprehensive system of services for children and families in need.

Reflections from Leadership

CCRB's investment in youth mental health services continues to strengthen the well-being of children and families across St. Charles County. By funding a wide range of programs, CCRB improves emotional health outcomes, reduces barriers to care, and helps build a more resilient community where every young person has the opportunity to thrive.

2025 was the year of clarity for CCRB, which created a strengthened foundation for our future. We undertook a comprehensive effort to bring clarity to our policies, procedures, funding processes, and internal operations through careful analysis, best-practice research, and thoughtful collaboration with our Partner Agencies. While time-intensive, these improvements ensure CCRB remains both consistent and responsive to evolving community needs.

A key area of progress was our funding process. We aligned our contract start date to July 1 to better support our many school-based programs, expanded funding opportunities to allow up to three years of support, and introduced a more balanced review cycle, evaluating approximately one-third of renewal programs annually, while continuing to accept new applications annually.

We also released two reports – a needs assessment and a school survey. Both provided invaluable insights that will help our community better support the mental health of our youngest citizens.

We extend our sincere appreciation to the CCRB Board and staff for their leadership and dedication throughout this process, and to our Partner Agencies for their valuable insight and collaboration.

As we look ahead to 2026 and begin our strategic planning efforts, we do so with confidence and purpose.

To our community, thank you for your continued support and trust. And to our Partner Agencies, thank you for your unwavering commitment to creating brighter futures for children and families in our community.
Together, we are making a lasting difference.

Molly Dempsey
Board Chair

Melinda McAliney
Executive Director

Our Approach

Invest in Youth Mental Health Services

CCRB-funded programs focus on improving emotional and mental well-being, strengthening families, and supporting positive outcomes for children.

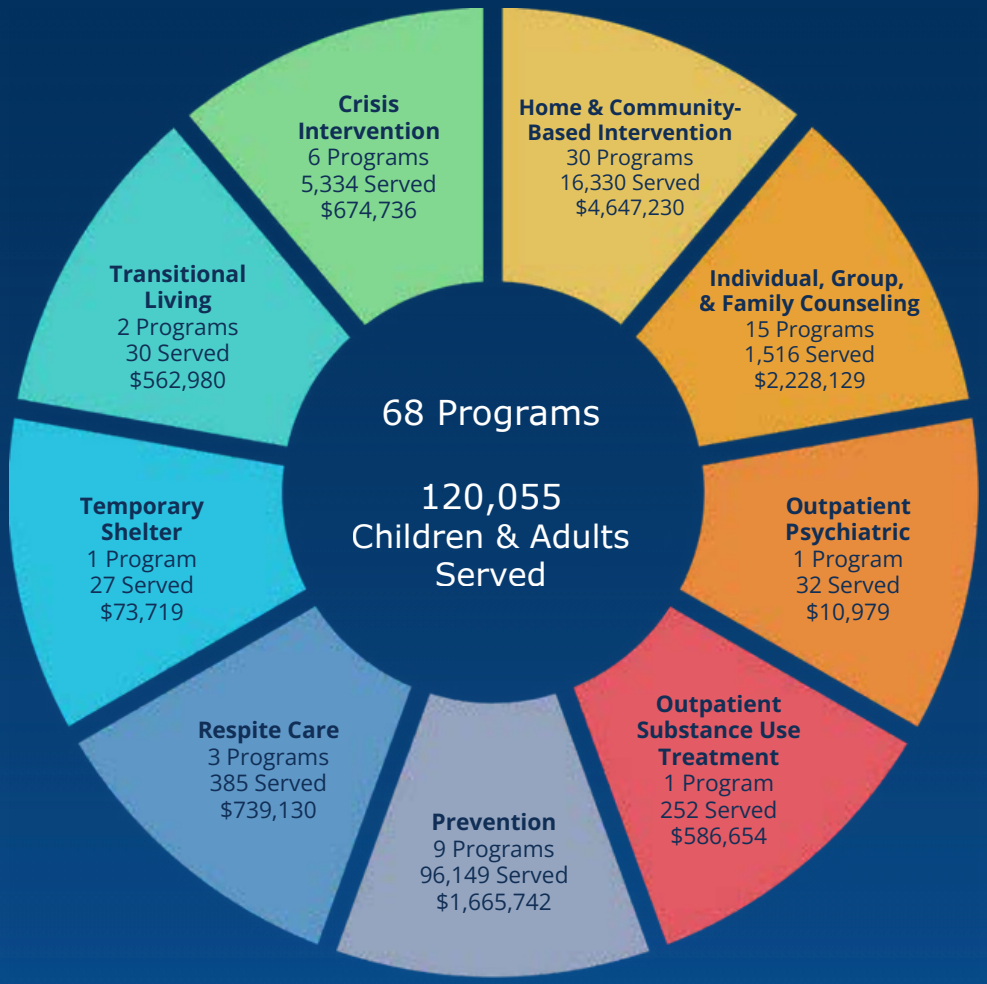
Build a Strong Network of Community Partners

This coordinated system allows families and professionals to access a wide range of supports through trusted local organizations, reducing gaps in care and maximizing the impact of public resources.

Steward Public Resources with Transparency and Accountability

Through clear policies, an open funding process, and regular reporting, CCRB ensures that investments are made thoughtfully and responsibly.

Funding Across Services



Community Investment
$11.2 Million

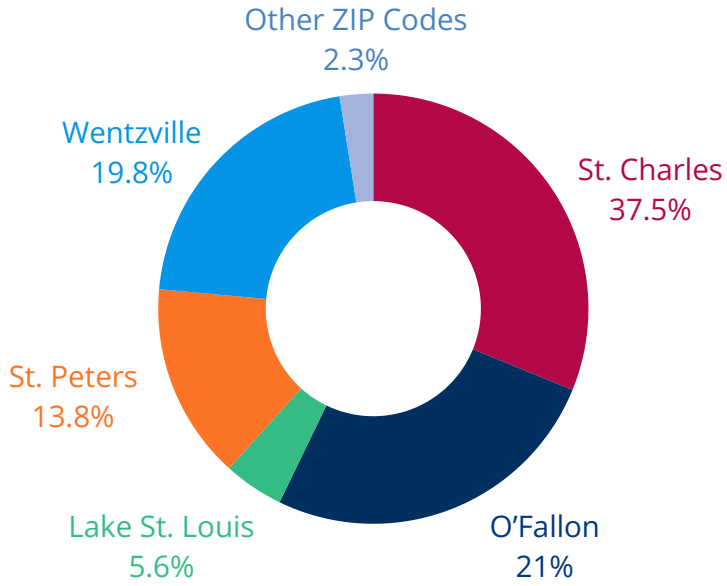
94%

of all expenses were directed to services for children, their families, and youth-serving adults

Understanding Our Service Community

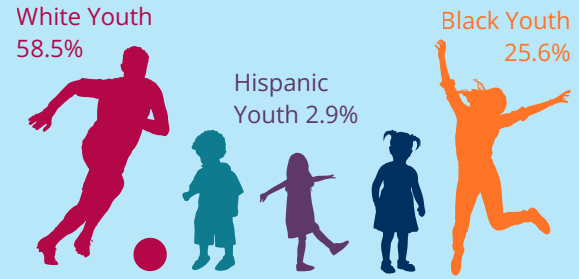
CCRB gathers basic demographic information, such as gender, race, and ZIP code, for children who receive a variety of direct services, such as counseling, crisis support, and short-term care. This information plays an important role in helping us understand community needs across St. Charles County.

Collecting and sharing demographic data supports more informed decisions and helps us provide equitable, effective services for all children in our community.

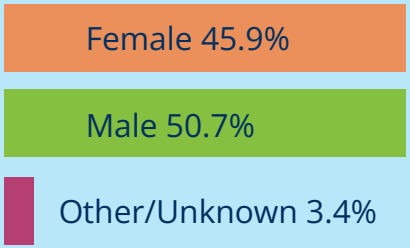


Percentage of Children Served by Reported ZIP Code

Percentage of Children Served by Reported Race



Percentage of Children Served by Reported Sex



Funding In Action

CCRB-funded programs delivered **46,632 hours of counseling** and **8,903 hours of prevention education services**, expanding access to critical mental health services. These efforts support emotional well-being and lead to stronger outcomes for youth and families, including better school performance, reduced involvement with the juvenile justice system, and improved overall mental health.

46,632

hours of Counseling and Therapy provided to youth and familes

8,903

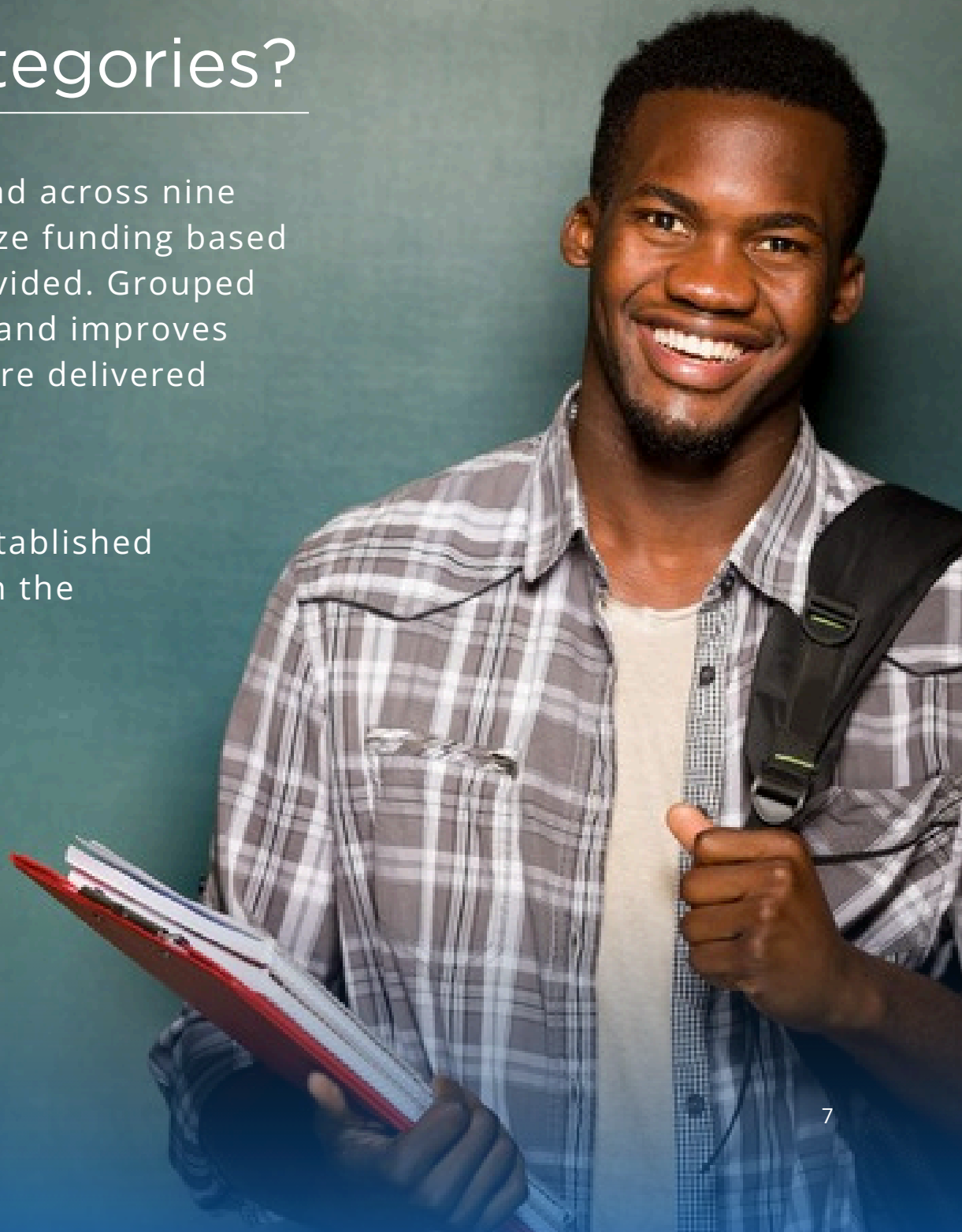
hours of Prevention Education delivered to youth and adults

Why Service Categories?

In 2025, CCRB funding was spread across nine service categories, which organize funding based on the type of service being provided. Grouped funding increases transparency and improves understanding of how services are delivered across the system.

These service categories were established by Missouri Revised Statutes with the creation of the CCRB in 2004.

The following pages explain more about CCRB's funded service categories and distribution across Partner Agencies.



Counseling-Individual, Family, & Group

Services include individual, group, and family counseling and are designed to support the emotional and mental well-being of children. This category also includes psychological evaluations.

Counseling services help individuals work through personal challenges, foster peer connection and support, and strengthen family relationships. Through a range of therapeutic approaches, counseling promotes healthy communication, emotional regulation, and resilience in both children and their families.

1,516 individuals served

$2,228,129 invested in programs

Partner Agencies

Cornerstones of Care
Eleventh Circuit Court-Youth In Need
Epworth Children and Family Services
FamilyForward
Lutheran Family and Children's Services of Missouri
Partners In-Kind
Saint Louis Counseling
Saint Louis Crisis Nursery
The Child Advocacy Center of Northeast Missouri
UMSL Center for Behavioral Health
Youth In Need

Crisis Intervention

Services provide immediate, compassionate support to youth and their caregivers during times of acute distress, typically in response to a mental health crisis or family emergency. These services play a critical role in assessing risk, stabilizing the situation, and connecting children with appropriate community resources. The goal is to prevent escalation and help restore emotional and mental stability.

- 5,334 individuals served
- $674,736 invested in programs

Partner Agencies

Behavioral Health Response
Crisis Aid International
LINC St. Charles County
Saint Louis Counseling
The Child Advocacy Center of Northeast Missouri
Youth In Need

Respite Care

Services provide temporary relief for families and caregivers of children with complex behavioral health needs or serious emotional challenges, as well as respite for families experiencing crisis. These short-term services offer a safe and supportive environment for the child while giving caregivers time to rest, recharge, or attend to other responsibilities. Respite care reduces stress and strengthens family stability.

- 385 individuals served
- $739,130 invested in programs

Partner Agencies

Bethany Christian Services of Missouri
Community Living, Inc.
Saint Louis Crisis Nursery

A Path to Confidence and Connection

CCRB invests in early, accessible mental health services, supporting youth in building resilience, stability, and hope for the future. Partner Agency **Lutheran Family & Children's Services** delivers CCRB-funded individual and family counseling. Their client story illustrates funding impact.

When 15-year-old Emily* began counseling, she was experiencing severe anxiety and panic attacks that disrupted her daily life. She withdrew from friends and family. Her parents wanted to help but didn't know how, leaving the entire family overwhelmed and unsure where to turn.

With regular counseling sessions, Emily found a safe, compassionate environment where she could begin to understand the roots of her anxiety and re-build her self-worth and confidence. Her parents also learned how to support Emily in meaningful ways, strengthening the family as a whole.

Over time, Emily's confidence grew. She opened up more with her therapist, reconnected with her friends at school, communicated effectively with her parents, and joined school activities. By the end of treatment, she was even giving class presentations, something she once believed was impossible.

Emily's journey reflects the power of CCRB's investment in mental health services: when children receive the right support at the right time, families are strengthened, and young people are better prepared for healthy, successful futures.

**personal details changed for privacy*

Outpatient Psychiatric

Services provide essential evaluations and interventions for children and adolescents experiencing psychiatric disorders. These services include comprehensive psychiatric assessments and medication management. Effective outpatient care enables youth to better navigate school, home, and community settings, lowering risks of behavioral issues, delinquency, and suicidal ideation and often boosting the effectiveness of therapeutic counseling.

While only one agency is listed in this category, outpatient psychiatric services are offered as part of other comprehensive CCRB-funded programs.

- 32 individuals served
- $10,979 invested in program

Partner Agency

Saint Louis Counseling

Outpatient Substance Use Treatment

This service provides structured support for youth struggling with substance use disorders. Treatment typically includes counseling sessions, education about substance use and its effects, relapse prevention strategies, and support for co-occurring mental health issues.

Services are flexible, allowing youth to continue with school and family life while receiving care, and may include individual, group, and family therapy, medication managment, and psychiatry as part of a comprehensive recovery plan.

- 252 individuals served
- $586,654 invested in program

Partner Agency

Preferred Family Healthcare

Home & Community-Based Intervention

Services enable children to access behavioral health interventions within their home, school, and community. They are vital for supporting children facing a range of mental health challenges and stabilizing families. Interventions include family peer support and mentoring, educational advocacy, youth enrichment programs, community-based mental health services, early intervention, and intensive in-home support.

- 16,330 individuals served
- $4,647,230 invested in programs

Partner Agencies

Big Brothers Big Sisters of Eastern Missouri
Boys & Girls Clubs of St. Charles County
CHADS Coalition for Mental Health
Chestnut Health Systems
Child Care Aware of Missouri
Community Council
Community Living, Inc.
Compass Health Network
F.A.C.T.-Family Advocacy & Community Training
Foster & Adoptive Care Coalition
Gateway Alliance against Human Trafficking
Megan Meier Foundation
NAMI St. Louis
Nurses for Newborns
SSM Health St. Joseph Hospital-Wentzville
Saint Louis Crisis Nursery
The Care Service
The Sparrow's Nest
TREE House of Greater St. Louis
United Services for Children

From Big Emotions to Bright Futures

Compass Health Network's Pinocchio Program is a CCRB-funded early intervention program designed to support children with mild to moderate social and emotional needs. Serving students in kindergarten through third grade, the program offers support either individually or in small groups, meeting children where they are and helping them build skills for success.

One young student entered the Pinocchio program struggling to manage emotions, behaviors, and impulsivity. Regulating feelings and following classroom expectations were daily challenges for him.

Over two school years, a dedicated Pinocchio Associate worked one-on-one with the student, focusing on recognizing emotions, developing coping strategies, understanding his circle of control, managing impulsive behaviors like speaking out of turn, and building social skills.

Today, the student can articulate how he's feeling, identify calming strategies, and independently use those tools in the classroom. He is managing impulses and emotions, following class directions, and navigating his day with confidence and success.

Stories like this highlight the power of early intervention and the lasting impact it can have on young learners.

Prevention

Programs focus on equipping children, families, and adults with the knowledge and skills to prevent mental health issues, substance use, and risky behaviors before they start. Programs may include school-based presentations, community outreach, professional development, and awareness education. The goal is to promote healthy decision-making, build resilience, and support overall well-being through early education and proactive strategies.

- 96,149 individuals served
- $1,665,742 invested in programs

Partner Agencies

CHADS Coalition for Mental Health
Compass Health Network
Kids Under Twenty One (KUTO)
NAMI St. Louis
Preferred Family Healthcare
PreventEd
The Child Advocacy Center of Northeast Missouri
ThriVe St. Louis

Temporary Shelter

Services provide up to 30 days of short-term, safe, and supportive housing for children ages 10-19 years experiencing mental health challenges, homelessness, abuse/neglect, or emotional crises. Shelters offer a trauma-informed, youth-centered environment that integrates mental health support with basic needs services.

- 27 individuals served
- $73,719 invested in program

Partner Agency

Youth In Need

Transitional Living

Services provide structured, time-limited housing and supportive services to young adults aged 16-19 years and pregnant women and their children, who are transitioning from homelessness, institutional care, or unstable living situations toward independent, self-sufficient living. Counseling and a range of supportive services are an integral part of the program, helping participants build life skills, address behavioral and emotional needs, and develop the stability necessary to successfully maintain independent housing and long-term well-being.

30 individuals served

$562,980 invested in programs

Partner Agencies

Our Lady's Inn
Youth In Need

Leadership & Staff

Our Board

Molly Dempsey, Chair
Jon Cunningham, Vice Chair
Kenneth Dobbins, Ph.D., Treasurer
Robert Fruend, Jr., Member
Vicky Huesemann, Member
Larry Marty, Member
Daniel Ploesser, Member
James Schaberg, Member
Nancy Schneider, Member
Catherine Williams, Member

Our Team

Melinda McAliney, Executive Director
Michelle McElfresh, Director
Taylor Carson, Program Officer
Jeanne Spencer, Data & Communication Specialist
Anna Muhm, Administrative Assistant

Financial Position

FISCAL YEAR-END DECEMBER 31, 2025

ASSETS

Cash and Investments	$3,803,575
Receivables:	
Sales Tax Receivable	$1,891,327
ARPA Funds Receivable	$18,502
Interest Receivable	$35,417
Other Assets	$1,385
Total Assets	**$5,750,206**

LIABILITIES & FUND BALANCE

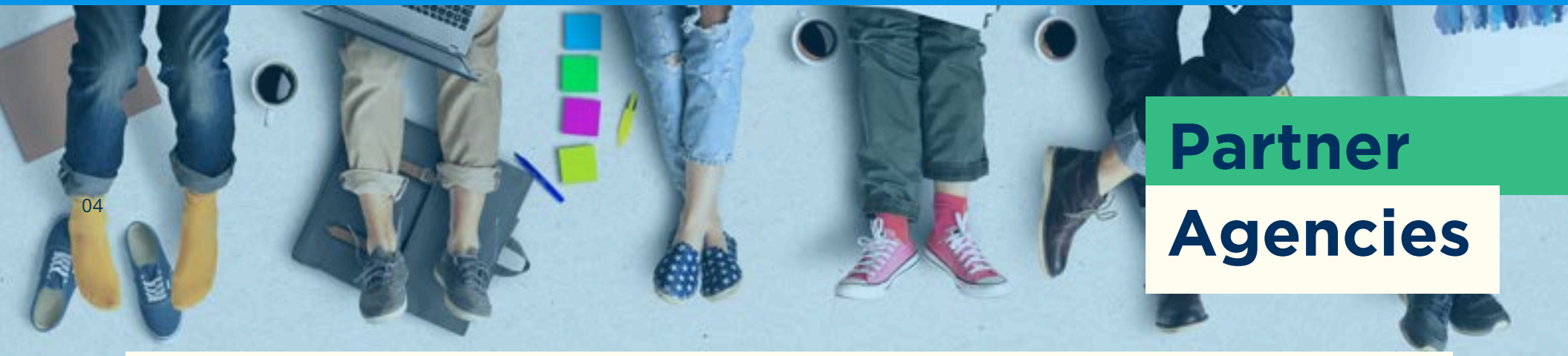
Accounts Payable	$756,976
Total Liabilities	**$756,976**
Restricted for Community and Children Services	$4,993,230
Total Liabilities and Fund Balance	**$5,750,206**

REVENUES

Sales Tax	$10,472,658
Investment Income	$156,134
ARPA Revenue	$60,597
Total Revenue	**$10,689,389**

EXPENSES

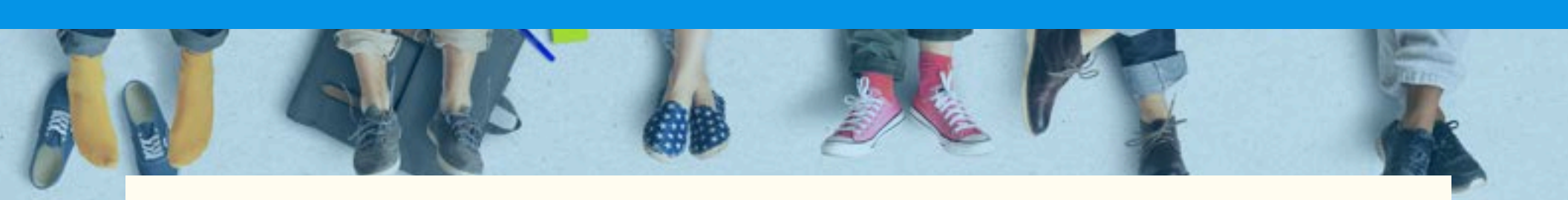
Service Contracts	$11,032,617
ARPA Contracts	$60,597
Administration	$677,663
Capital Outlay	$3,901
Debt Service	$31,090
Total Expenses	**$11,805,868**



Partner Agencies

Agency & Programs	Amount Awarded
Behavioral Health Response • Youth Connection Helpline	**$1,405**
Bethany Christian Services • Safe Families for Children	**$21,459**
Big Brothers Big Sisters of Eastern Missouri • 1:1 Mentoring • Group Mentoring	**$51,664**
Boys & Girls Clubs of St. Charles County • Healthy Lifestyles	**$257,445**
CHADS Coalition for Mental Health • Family Support • Signs of Suicide • Social Emotional Wellbeing	**$460,296**
Chestnut Health Systems • Project Access	**$20,215**
Child Care Aware of Missouri • Protecting Children	**$38,159**

Agency & Programs	Amount Awarded
Community Council • Coordinated Entry	**$35,884**
Community Living, Inc. • Respite Center • SOAR	**$276,178**
Compass Health Network • Autism Support Services • Partnership With Families • Pinocchio • School-Based Mental Health • Violence Prevention	**$2,245,983**
Cornerstones for Care • Functional Family Therapy • On-Site Mental Health	**$26,907**
Crisis Aid International, Inc. • Children's Anti-Exploitation Partnership	**$19,800**
Eleventh Circuit Family Court • Therapeutic Supervised Visitation	**$57,850**



Agency & Programs	Amount Awarded
Epworth Children & Family Services • Epworth Psychological Services • Family Support Network	**$65,887**
Family Advocacy and Community Training • Educational Advocacy • Family Support	**$259,732**
FamilyForward • Counseling • Occupational Therapy • Therapeutic Early Childhood Center	**$331,673**
Foster & Adoptive Care Coalition • 30 Days to Family • Educational Advocacy • Family Works	**$142,859**
Gateway Alliance against Human Trafficking • Breaking the Chains	**$73,192**
Kids Under Twenty One • Suicide Safety	**$77,829**
LINC St. Charles County • Crisis Intervention	**$61,010**
Lutheran Family and Children's Services • Mental Health Counseling	**$168,509**

Agency & Programs	Amount Awarded
Megan Meier Foundation • Counseling & Support Center • School Attendance Initiative	**$274,411**
NAMI St. Louis • Crisis Intervention Team • Ending the Silence • Mental Health Presentations	**$42,217**
Nurses for Newborns • Nurse Home Visitation	**$69,736**
Our Lady's Inn • Family Strengths	**$251,655**
Partners In-Kind • Psychological Evaluations	**$119,171**
Preferred Family Healthcare • Addiction is Real • Outpatient Substance Use Treatment • Team of Concern	**$1,353,250**
PreventEd • Prevention First	**$64,637**
Saint Louis Counseling • Counseling • Outpatient Psychiatry • School Partnership Program	**$189,906**

Agency & Programs	Amount Awarded
SSM Health St. Joseph Hospital-Wentzville • Youth & Family Services	**$96,419**
Saint Louis Crisis Nursery • Family Empowerment Program • Healing Hearts Outreach • Respite Care	**$807,532**
The Care Service • Children and Family Development Program	**$213,081**
The Child Advocacy Center of Northeast Missouri • Child Abuse Prevention • Forensic & Advocacy Services • Mental Health Therapy	**$1,132,782**
The Sparrow's Nest • Childcare Cooperative	**$28,253**
ThriVe St. Louis • Best Choice	**$26,897**
TREE House of Greater St. Louis • Equine-Assisted Services	**$3,450**
UMSL Center for Behavioral Health • Psychological Evaluations	**$155,505**
United Services for Children • Behavior Intervention Program	**$295,776**

Agency & Programs	Amount Awarded
Youth In Need • Crisis Intervention • Emergency Youth Shelter • Mental Health Counseling • Transitional Living Program	**$1,370,685**

Behind every funded program is one of 39 Partner Agencies working to support St. Charles County children and families.

Community Connections

Throughout the year, CCRB staff embraced multiple opportunities to strengthen connections with community members and Partner Agencies. From professional development to hosting Partner Agency presentations and training, we are grateful for the rich experiences afforded our team.

Taylor & Blues mascot, Louie

Jeanne, Anna, & Michelle at the Community Services Summit

Celebrating the launch of FY2027 funding cycle

Melinda & Jeanne attended ATHENA Leadership Foundation Summit

Kicking off the FY2027 Funding Cycle with a Partner Agency Ice Cream Social

Melinda completed the VISION Leadership program

CCRB
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636.939.6200 | info@scckids.org
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