



## New APP for Mental Health Support

MINDREACH was developed by the CCRB to connect youth and caregivers to local mental health resources.

- 24/7 Mental Health support via call, text, or chat.
- Self-assessments to share with healthcare providers about anxiety, depression, and more.
- Find community **Safe Place** locations.
- Report cases of bullying, abuse, and trafficking.
- Take fun quizzes and share the results with your friends.



## How does the CCRB serve St. Charles County youth?

Since 2004, the CCRB has invested in non-profit agencies to ensure mental health and substance use treatment services are available to children, youth, and families in St. Charles County to improve their quality of life.

For every dollar spent in St. Charles County, 1/8 of a cent is dedicated to services for St. Charles County children and teens, up to 19 years of age. The CCRB oversees the administration, allocation, and distribution of funds from this local sales tax. Annually, the CCRB invests over \$10 million in mental health-related services for youth.

Thousands of children have access to free mental health treatment annually. Outcomes show:

- ⇒ improved school performance
- ⇒ fewer juvenile justice interactions
- ⇒ and increased signs of emotional well-being



## SERVICES FOR

**Anxiety**

**Depression**

**Self-harm**

**Emotional Regulation**

**Caregiver Support**

**Trauma**

**Substance Use**

**and more...**

## Children's Mental Health & Substance Use Treatment Services

for St. Charles County Missouri

StCharlesCountyKids.org  
636.939.6200



Community & Children's Resource Board of St. Charles County (CCRB)  
2440 Executive Drive, Ste. 214  
St. Charles, Missouri 63303  
stcharlescountykids.org

Get immediate help and referrals at the 24/7 Youth Connection Helpline at 1-844-985-8282 or 314-819-8802, or text "BSAFE" to 31658. Providers may offer additional services.

BEHAVIORAL & EMOTIONAL HEALTH	SERVICE PROVIDER	PHONE
After-school, summer, & prevention programs	Boys & Girls Clubs of St. Charles Co.	636-946-6255
After-school & summer program for youth ages 8-11 with developmental disabilities	Community Living, Inc.	636-614-1320
Autism assessments & supports	Compass Health Network	636-875-2386
Early childhood intervention & outpatient therapy	United Services for Children	636-926-2700
Early identification for serious emotional disorders	Compass Health Network	844-853-8937
Educational advocacy	Family Advocacy & Community Training	525-849-2425
Equine-assisted therapy	TREE House of Greater St. Louis	636-332-4940
Family services, including parent education & childcare	The Sparrow's Nest	636-336-2534
Foster & adoptive parenting support, educational advocacy, & kinship placement	Foster & Adoptive Care Coalition	314-367-8373
In-home health & mental health care for pregnant women, infants, & parents	Nurses for Newborns	314-544-3433
Intensive home-based youth support services	Compass Health Network	844-853-8937
Intensive parent support services	Family Advocacy & Community Training	636-949-2425
Mentoring & support for youth, ages 5-18	Big Brothers Big Sisters of Eastern MO	314-361-5900
Parent education & support, in-home services	Saint Louis Crisis Nurseries of SCC	636-940-0742
Self-defense training	ThriVe St. Louis	314-991-7990
COUNSELING	SERVICE PROVIDER	PHONE
Adolescent intensive outpatient program	SSM Health St. Joseph - Wentzville	636-327-1338
Art and play therapy for children 12 and under	Saint Louis Crisis Nurseries of SCC	636-947-0600
Counseling for victims of sexual or physical abuse	The Child Advocacy Center of NE MO	636-332-0899
Counseling, therapeutic preschool, & occupational therapy for children with trauma histories	FamilyForward	314-534-9350
Early childhood in-home intervention & trauma treatment	Mental Health America of Eastern MO	314-773-1399
Group counseling for children of divorce	Kids In The Middle	314-909-9922
Individual & family counseling, in office or school	Lutheran Family & Children's Services	314-787-5100
Individual counseling and group music therapy	LINC St. Charles County	636-332-5127
Individual, group, & family counseling, in office or school	Youth In Need	636-946-0101
Individual, school-based, & family counseling	Saint Louis Counseling	636-281-1990
Individual, school-based, & group counseling	Megan Meier Foundation	636-757-3501
School-based counseling at St. Dominic HS & Duchesne HS	Chestnut Health Systems	800-446-0972
School-based counseling & mental health specialists	Compass Health Network	636-332-8328
Social emotional mentoring for youth	CHADS Coalition for Mental Health	314-952-8274
Support & counseling for at-risk or suicidal youth & families	CHADS Coalition for Mental Health	314-952-8274
Therapeutic supervised visitation for families	Eleventh Circuit Family Court	636-949-3058
CRISIS INTERVENTION	SERVICE PROVIDER	PHONE
24/7 Youth Connection Helpline for youth & caregivers	Behavioral Health Response (BHR)	314-819-8802
Crisis intervention counseling in schools	Saint Louis Counseling	636-281-1990
Forensic interviews for victims of abuse or violence	The Child Advocacy Center of NE MO	636-332-0545
Housing crisis prevention services	LINC St. Charles County	636-332-5127
Street outreach for runaway and homeless youth	Youth In Need & BHR collaboration	314-819-8802
Support services & education for online child sexual exploitation and trafficking	Crisis Aid International	314-714-8229

HOUSING & TEMPORARY SHELTER	SERVICE PROVIDER	PHONE
Crisis shelter for youth ages 10-19	Youth In Need	636-946-0101
Housing & support services for pregnant women and their children	Our Lady's Inn	636-398-5375
Housing crisis assessment & referrals	Community Council of St. Charles Co.	Dial 2-1-1
Housing crisis assessments, referrals, & support services	Saints Joachim & Ann Care Service	636-441-1302
Transitional housing services for youth ages 16-21	Youth In Need	636-946-0101
PSYCHIATRY & PSYCHOLOGICAL TESTING	SERVICE PROVIDER	PHONE
Outpatient psychiatry & medication management	Compass Health Network	636-332-6000
Outpatient psychiatry & medication management	Saint Louis Counseling	636-281-1990
Psychological evaluations	Partners In-Kind	314-499-6204
Psychological evaluations for children & youth with developmental trauma	FamilyForward	314-534-9350
PREVENTION & EDUCATION	SERVICE PROVIDER	PHONE
Crisis Intervention Training	NAMI St. Louis	314-962-4670
Eating disorder prevention education	Missouri Eating Disorders Association	314-685-4100
Group mentoring & wraparound services (ABCToday)	Big Brothers Big Sisters of Eastern MO	314-361-5900
Human trafficking awareness & prevention	Gateway Alliance against Human Trafficking	636-515-6919
Mental health education	NAMI St. Louis	314-962-4670
Mental health education	Behavioral Health Response (BHR)	314-469-4908
Safe Place presentations	Youth In Need	636-757-9345
Sexual abuse prevention	The Child Advocacy Center of NE MO	636-332-0899
Sexual risk-avoidance & healthy relationships education	ThriVe St. Louis	314-991-7990
Substance use prevention	Preferred Family Healthcare	636-332-5835
Substance use prevention	PreventEd	314-962-3456
Suicide prevention & ASIST training	Kids Under Twenty One	314-963-7571
Suicide prevention training for grades 5-12 & adults	CHADS Coalition for Mental Health	314-952-8274
Violence prevention for grades K-8	Compass Health Network	636-332-8377
RESPIRE & EMERGENCY CARE	SERVICE PROVIDER	PHONE
24/7 emergency care for children ages 0-12 years	Saint Louis Crisis Nurseries of SCC	636-947-0660
Center-based respite care for youth with developmental disabilities	Community Living, Inc.	636-949-2546
Home-based respite care for children	Bethany Christian Services	314-781-6363
SUBSTANCE USE TREATMENT	SERVICE PROVIDER	PHONE
Drug & alcohol use treatment which includes evaluations, therapy, and education	Preferred Family Healthcare	636-332-5835

Services are available to St. Charles County children and their families, regardless of income or insurance status.